

前半はさまざまな自然の美が堪能できる魅力的な コースです。山内バス停を出てからは、七ツ釜鍾 乳凋へ。白岳山麓に深く切れ込んだ伊佐浦渓谷も 見物。虚空蔵山山頂にある西彼青年の家では、展 望台から県北部が一望可能。後半は虚空蔵山山麓 から海沿いへの道のり。リアス式海岸の瀬川港や 美しい島々が浮かぶ大村湾を巡り、西海橋公園。 針尾瀬戸へ。日本三大急流に数えられる針尾瀬戸 の渦潮は圧巻。

[Course Guide]

[Course Guide]
In the first half of the course you'll enjoy a variety of natural beauty from the moment you leave Yamauchi bus stop all the way to the Manatsugama Limestone Cave. The Isanoura Valley out out of the foot of Mt. Shiratake is also a nice spectacle. From the observatory at the Selhi Youth Outdoor Learning Center at the top of Mt. Kokuzo, you can overlook the entire northern part of the prefecture. In the second half of the course you'll make your way abrog the deeply indented coastiline from Mt. Kokuzo through Segawa Port, around Omura Bay, and finally through Salkaibash Park to get to Hario Strait. The whiripools of Hario strait, which are nee of Japanés three major apids, are one of the one of Japan's three major rapids, are one of the best parts of the trip.

【コースガイド】



ROUTE6

(e)

ルート6 西海市〜佐世保市

九州自然歩道長崎県ルートマップ

he Nagasaki route of the Kyushu Nature Tr 큐슈 자연 트레일의 나가사키 노선

Saikai-Sasebo **45.6km** 사이카이 시 ~ 사세보 시

> 古田→山内バス停→ Furuta Yamauchi bus stop 후루타 야마우치 버스정류장

瀬川木場バス停→葉山

Segawakoba bus stop Hayama 세가와코바 버스정류장 하야마



(旧日本生命ビル5階) 電話:095-895-2383 FAX:095-895-2569

住所:長崎県長崎市江戸町2番13号

Email: s09040@pref.nagasaki.lg.jp

【お問い合わせ】 長崎県環境部自然環境課





③道の駅さいかいみかんドーム/半円形の大きなドーム型テントが際立つみかんドームは、西海市のお土産品と観光情報提供と 幅広く揃えている。



⑦みかん/肥料や栽培方法にこだわったみかんは色が濃く糖度が高いのが特徴。

①Hamabou/These plant is a deciduous shrub of the Malvaceae that are specified in the semi-endangered species of Nagasaki Prefecture. It has been selected as the plant to represent the Saikai city. Saikai Mikan Dome Roadside Station/This conspicuously large tent houses a variety of souvenirs and sight-seeing information for Saikai.

90ん干し/平戸海域で獲れる上質なあご(飛魚)を用いたみ

2Saikai bridge and New Saikai bridge/Near New ②Saikai bridge and New Saikai bridge/Near New Saikai bridge there is a footpath to an observation room where guests can get an excellent look at the swifting whirlpools. ②사이카이 다리 신사이카이 다리산사이카이 다리 어제에는 보형자 전용도로와 전쟁실이 있다. 전광일에서는 바로 아래에서 발생하는 역방향의 소용들이를 감상할 수 있다. ③미강 돔 휴게소/반원형의 큰 돔형 텐트가 돋보이는 미강 돔은 사이카이시의 특산물과 관광정보를 폭넓게 제공하고 있다.

4Nanatsugama Limestone Cave/Nanatsugama is a rare limestone cave that has been designated as a natural monument. The average temperature in the cave is around 15 degrees Celsius all year round.
4나나스가마 중유동/국가 지정 천연기념물로 지정된 세계에서도 CE 중유동골. 동골 내부 기온은 연중 15 ℃ 전후로 유지되고 있다.

⑤Isanoura Park/This park is perfect for peaceful walks in the woods and has great stoots for bass fishing. It also has cottages and bungalos for overnight stays.
ⓒ이사노오막 공항생활목과 자연 산쪽 배수 낚시 등 아름다운 자연 속에서 다양한 제험을 즐길 수 있다.

(6Mirin Boshi (seasoned dried fish)/Mirin Boshi is made from high-quality ago (flying fish) caught in the waters surrounding Hirado. It goes great with liquors! 6미리보시/하막도 해먹에서 잡히는 신선한 날지를 건장, 설명을 섞은 미림에 담겼다 말린 미림보시는 술안주로도 최고.

⑦Mandarin Oranges/Mandarin oranges are especially deep in color and contain a high amount of sugar due to the risprous caretaking procedures employed by the cultivators. 기술 성선된 비료와 독자적인 재택 범법으로 생산된 사이카이의 귤은 석이 질고 당도가 높은 것이 특징.

九州自然歩道とは

九州7県を一周する九州自然歩道は、四季を通じ 、九州の豊かな自然と歴史・文化を巡ることが て、九州の豊かな自然と歴史・文化を巡ることが できる歩道です。 長崎県内のルートは、島原半島南端の口之津港か

長崎県内のルートは、島原干島南崎の口之洋港から雲仙~橘湾岸を通り、さらに長崎市内を通過し 西彼杵半島を縦断、西海橋を通り佐賀県境の栗ノ 木峠までのコースと、五島列島、平戸島、生月島、 北松浦半島を経て栗ノ木峠までのコースからなる 延長約460km(幹線) の長距離自然歩道です。

About Kyushu Nature Trail

The Kyushu Nature Trail Winds through all seven prefectures of Kyushu allowing you to experience its rich nature, history and culture through each of the four seasons. Within Nagasaki prefecture, the route runs from

Within Nagasaki prefective, the route runs from Kuchinotsu Port on the southernmost extreme of the Shimabara Peninsula to Mt. Unzen, before passing through Nagasaki city and up the length of Nishisonogi. From there the trail encompasses Salkai bridge and Saga prefecture's Kurinoki pass. Another course runs through the Goto Archipelago, Hirado, Ikitsukijima Island and the Kitamatsuura Peninsula to Kurinoki pass. Both are long-distance courses which together make a trail of around 460km.

コース情報



イベント情報

美しい自然のなかでさまざまな体験が楽しめる。また、コ

月	内	容	場	所	分	類	
11	西海大鍋まつり		西彼中央グラ	ランド	食		
12	西海市七釜鍾乳洞ロードレース大会		七釜鍾乳洞周辺		健康	健康	

左t	世保市	イベン	ト年間ス	ケジュール

	内容	場 所	分 類				
3	肥前えむかえ繭玉まつり	江迎町中心商店街	文化				
0	西海橋春のうず潮まつり	西海橋公園	自然				
,	御橋観音春まつり	吉井町牧の岳自然公園	自然				
4	本陣蔵開き ~春の陣~	江迎町	食				
6	早岐茶市	早岐瀬戸海岸	食				
	させぼシーサイドフェスティバル	佐世保駅みなと口広場	食				
8	吉井町夏まつり	吉井町生涯学習センター	文化				
0	四萬六千日祭(福石観音千日祭)	福石観音	文化				
	せちばる高原夏まつり	山口神社	文化				
10	西海橋秋のうず潮まつり	西海橋公園	自然				
10	梅ヶ枝酒造秋の蔵開き	梅ヶ枝酒造	食				
11	せちばる開作秋まつり	開作公民館前	食				