

Regarding your stay at an Accommodation Facility

September 7th 2022

1 Introduction

Nagasaki Prefecture provides accommodation facilities (hereinafter referred to as "Facility/ies") for COVID-19 patients in stable medical condition so that they can stay comfortable and safe. This leaflet is a summary of what a Facility stay would be like, but please note that provisions and operations of Facilities may differ slightly by region.

Nagasaki Prefecture does not disclose the names and addresses of the Facilities in order to protect the privacy of admitted patients, reduce the impact on the medical system, and prevent damaging rumors regarding neighboring facilities. Thank you for your understanding.

2 Length of stay at the Facility

If 7 days have passed since the date of onset of symptoms (the date when symptoms appeared or the date a positive test result was received) and at least 24 hours have passed since the symptoms subsided, then the patient can leave on the 8th day.

3 Things to prepare

Daily necessities, etc. that admitted patients should prepare themselves

- Clothing (they must be hand-washed in your room during your stay)
 - Medicine (at least two weeks' worth of what you usually take)
 - Other items that you may need in addition to the equipment available at the Facility. (For example: mobile phones, chargers, cosmetics, sanitary products, books, etc.)
- Facility equipment, etc. (varies depending on the Facility. Please check the pamphlet distributed by your healthcare office etc. at the time of admission.)

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| - 2-in-1 shampoo-conditioner | - Comb | - Garbage bags |
| - Body soap | - Toothbrush set (toothbrush/toothpaste) | - Slippers |
| - Toilet paper | - Cotton set (cotton/cotton swab) | - Paper cups |
| - Tissues | - Tea bags | - TV |
| - Bath towel (if at all possible, please bring your own) | | - Internal phone |
| - Face towel (if at all possible, please bring your own) | | - Refrigerator |
| - Table clock | - Dust/lint roller (adhesive tape) | - Laundry soap |
| - Clothes hanger | - Kettle (electric kettle) | - Bathroom detergent |
| - Hair dryer | - Bathroom cleaning brush | - Toilet detergent |
| - Deodorant (for clothing and room) | - Wi-Fi | |

4 Life at the Facility

<Going out, etc.>

- Please stay in your room. You may not leave your room except when visiting a medical institution.

<Health>

- Nurses are stationed at the Facility during the day to check your health condition by telephone, etc.
- If symptoms worsen, the nurse will arrange a visit to a medical institution, and you be taken there by a Facility vehicle.

<Meals>

- Meals will be prepared at the Facility (free of charge) and will be provided three times a day. We also serve tea with meals. If you have an electric kettle in your room, you may use it. You may not use the vending machines in the building.
- You may bring food and drinks, but you may not bring alcohol or cigarettes.

<Cleaning/laundry>

- Please clean your own room using the provided adhesive dust/lint roller, etc.
- Please wash your clothes yourself in your room. (You may not use the washing machines, etc. in the building)

5 Precautions for daily life

- Please follow the staff's instructions for safe convalescence during your stay.
- Staff members are on standby 24 hours a day in the Facility. You can contact them by phone.
- There is, in general, no fee for using the Facility.
- If provisions or equipment in the building are damaged, you may be charged for repairs.
- For health reasons, drinking and smoking during your stay is prohibited.
- If you wish to receive care packages while you are in the Facility, the staff will receive them and give them to you at lunch time. However, we do not accept care packages containing raw foods, frozen desserts, etc. that require refrigeration or freezing.
- Please note that your family members cannot visit you while you are in the Facility.
- It is possible to use online shopping with delivery services by pre-payment (no exchange of cash). In that case, please inform the secretariat in advance of the date and time of the delivery. Also, as with care packages, we do not accept items that require refrigeration or freezing.
- You will be asked to leave the Facility if you are found to be drinking or smoking in the Facility, or if you are being a nuisance to other patients or neighborhood residents.

6 Discharge

- If you meet the criteria listed in 2 above, you will be discharged, but the final decision will be made by a doctor at a healthcare office.
The Facility staff will contact you when the discharge date is determined.
- On the day before the discharge date, you will be given a discharge guide and a bag in which to put the goods to be returned, as well as other necessary explanations.
- We do not provide transportation upon Facility discharge. You can use public transportation or have your family pick you up.
- When you are discharged, you will be required to wear the clothes you have placed in a bag when you were admitted (after which more than 3 days have elapsed).

7 Rough schedule of convalescence at the Facility

Time	Content
7:30	Temperature measurement (self)
8:30	Breakfast
10:00	Health observation (interview by nurses)
12:00	Lunch
13:00	Garbage collection
17:30	Temperature measurement (self)
18:00	Dinner

The above contents will be explained in detail by a Facility nurse using the Facility pamphlet at the time of admission.

If you are being admitted to a Facility and have any questions, please contact the Facility staff or the staff at your healthcare office.